



## Simple way to Happiness

27 September, 2004  
Fairfield, Iowa, USA

Sisters and brothers of my loving family.

I have not come here to teach or preach to you. This is a talk of your brother.

The creators' abundance is the sun, the stars in the sky, and the earth. The creators' riches on the earth are the rivers, ocean and lakes, rocks and mountains, hills and valleys, plants, trees with leaves and fruits, birds and animals. Also, the human being is the wealth of Lord God. These all have life-spirit. Give the least pain and trouble to all of these beings.

Be cautious to use energy in any form, such as light, water, air, and gas. Last but not least, conserve food and your speech. The less you speak, the more strength you gain. The state of silence will strengthen the ability of our mind and will accumulate our energy tremendously. Use these energies at their minimum level. These all are the gifts of God. To preserve these gifts for Lord God's creation requires an effort for achievement, and is a great subject of research for mankind.

Behave as a companion of all humanbeings and all creatures, so that you feel equality and enjoy love. Particularly, selfless love delights you deeply and awards divine happiness.

Very often, we observe that somebody says: "I am the guide for the spiritual path (or Guru), and this one is my disciple, or these are my disciple." This relationship keeps so-called disciples at a lower stage or a lower level. I do not consider this a proper type of relationship or attitude.

In the Kingdom of Lord God, everyone is equal.

In addition, it is better not to show an attitude of disrespect, disregard or insult towards anyone. Whatsoever country-fellow one may be or religion he/she may be practicing, be wise and don't show any kind of dislike, hatred or repulsion. This reacts and reflects on your mind.

We must recognize that the human race is the humanbeing! The differences and discriminations such as race, religion, country and society-whether black, white or yellow-are created by humanbeings' minds.

Life-spirit existing in everybody is laced with one thread of Supreme Being. We are each a pearl on the garland of the Supreme. This is a form of wholeness-eternity-integrity and indivisible oneness.

Behave with others in such a manner as you would have others behave with you. How would you like others to behave? Everyone appreciates and respects kind and loving behavior. God dwells within everyone. With this understanding, we must behave respectfully to each other.

My spiritual master has given a beautiful aphorism:

Invoke the Divine in each other.

Respect each other as God.

All religions are ours. All Gods are ours. Man should help and be useful to man, cooperate with each other. This is the only path to achieve or maintain real peace in the world.

Duty towards humanbeings is the greatest religion: there is only one religion, the religion of mankind.

All religions are my religion, but humanity is my real religion.

Everybody possesses one or another kind of good quality. So, observe and grasp good qualities and adopt them.

Lord Dattatreya learned from 24 Gurus (all situations and circumstances provide lessons that we can reflect upon for our spiritual growth). In the same way, any object that you learn from is your Guru or spiritual master- this one helps you to progress or proceed further on your spiritual path. So, if we learn to take good qualities from everybody, we will automatically become good.

My Guru-Maharaj, Rang Avadhutji, never accepted the status of Guru from anyone. On account of that tradition, I am not a Guru of anybody, and will never become one. Rang Avadhutji used to say: everywhere and in everybody dwells my Guru-Maharaj. So how can I become a Guru to anybody?

I behave as a brother of everyone. I have not come here to preach or teach any religion. I have told you all of these, as a friend, what I have learned from my Guruji. Whatever you want to absorb or adopt, it is up to you. If you feel good, take it; if you don't feel good, leave it.

I observe the mainfestation of my Guruji in all of you. I like you all so much. I love you all so much. Please accept my salutations. I send my salutations to all.

Rang-Kutir

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Your loving Prem